

Patient Rights and Responsibilities

Your Rights:

- 1. <u>Understand Your Treatment</u>: You have the right to understand your therapy plan, its risks, and be involved in decisions. A guardian, power of attorney, or next of kin may decide for you if needed. Translation services are available upon request.
- 2. <u>Get Quality Care:</u> You will receive therapy services that match your needs and help you get better.
- 3. <u>Say No to Treatment</u>: You can choose not to receive treatment, but it is important to understand what this could mean for your health, and you will be informed of any risks of not having treatment.
- 4. Be Treated Fairly and with Respect: You will be treated with kindness in a safe and comfortable place and your values and beliefs will be respected. You will receive care regardless of your race, age, gender, disability, religion, or other personal traits.
- 5. <u>Have access to your medical records:</u> You can ask to see or receive copies of your medical records as allowed by law.
- 6. <u>Keep Your Information Private:</u> Your medical and personal information will be kept safe and confidential.
- 7. Speak up about Concerns: If you have any concerns or complaints, you can share them without fear of being treated unfairly. We will respond in a timely manner.

Your Responsibilites:

- 1. <u>Give Honest Information:</u> Share correct details about your health, medicines, and past medical history.
- 2. <u>Communicate Clearly:</u> Let your therapist know if you have questions, concerns, or changes in your health.
- 3. <u>Keep Appointments:</u> Be timely for your sessions. If you need to cancel, please let us know as soon as possible.
- 4. <u>Follow your treatment plan:</u> Do your best to follow the advice and exercises given by your therapy team.
- 5. Be respectful and considerate: Treat the staff, other patients, and caregivers with kindness and respect.
- 6. Know Your Costs: Be aware of therapy expenses, arrange payment if needed, and ensure accurate, up-to-date insurance information.
- 7. <u>Follow Safety Rules:</u> Help keep our clinic safe by following guidelines and reporting anything unsafe.